

# ASPETAR WORLD CONFERENCE 2025

09<sup>th</sup> - 11<sup>th</sup> October 2025, Aspire Zone

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## AGENDA

### ASPETAR ORTHOPEDIC MASTERCLASS: LIVE SURGERY AND MULTIDISCIPLINARY INSIGHTS

7 October 2025

#Aspetarcon25



**Target Audience:** Physicians, Allied Health Practitioners, Nurses, Dentists, Pharmacy Professions, Complementary Medicine, Others (Researchers, Scientists, Coaches, Massage Therapists)

**Activity Code:** HGI-03-P167

**Venue:** Aspetar Auditorium (live from operating theatre)

**Time:** 08:30 – 16:00

**Please note that this symposium is offered as a part of the Aspetar World Conference 2025, therefore, you must be registered for the conference to be able to sign up for this activity.**

**Overall Learning Objectives:**

This live orthopedic surgery symposium aims to enhance the clinical and surgical competencies of participants through real-time surgical case demonstrations and multidisciplinary discussions. The program is designed to provide in-depth insights into decision-making, surgical technique, and postoperative management in orthopedic procedures.

**On completion of this activity, participants will be able to:**

1. Conduct comprehensive preoperative evaluations of orthopedic patients
2. Present and interpret clinical cases in a structured, evidence-based manner
3. Apply advanced surgical techniques across various orthopedic procedures
4. Critically assess intraoperative decision-making and surgical strategy
5. Recognize and manage intraoperative challenges and complications
6. Design effective postoperative rehabilitation plans tailored to each procedure
7. Collaborate across disciplines to optimize patient outcomes in orthopedic surgery

**This activity is an Accredited Group Learning Activity (Category 1) as defined by the Ministry of Public Health's Department of Healthcare Professions - Accreditation Section and is approved for a maximum of 6.50 hours.**

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Date	Topic	Session Learning Objectives By the end of this session, participants will be able to:	Details	Speaker/ Facilitator
8.30-10:15	Knee surgery	<ul style="list-style-type: none"> <li>Evaluate knee injuries clinically and radiologically</li> <li>Discuss indications for common knee surgeries</li> <li>Discuss key steps of live knee procedures</li> <li>Discuss intraoperative decision points and complications</li> <li>Outline essential rehabilitation principles after surgery</li> </ul>	<p>Dr. Bruno Olory (Moderator)</p> <p><i>10min</i> Lecture: Updates in Knee Sports Surgery (TBA)</p> <p><i>5 min</i> Case Presentation (Orthopaedics Fellow)</p> <p><i>10 min</i> Return to Play – A Physiotherapist's Perspective (TBA)</p> <p><i>25 min</i> - Q&amp;A</p>	Dr. Alan Getgood Dr. Emmanuel Papakostas
10:15-12:00	Foot and Ankle	<ul style="list-style-type: none"> <li>Assess foot and ankle disorders clinically and radiologically</li> <li>Identify surgical indications for common pathologies</li> <li>Discuss essential steps of live surgical procedures</li> <li>Discuss intraoperative challenges and decision-making points</li> <li>Discuss key principles of postoperative care and rehabilitation</li> </ul>	<p>Dr. Emmanuel Papakostas (Moderator)</p> <p><i>10min</i> Lecture: Updates in F&amp;A Sports Surgery (TBA)</p> <p><i>5 min</i> Case Presentation (Orthopaedics Fellow)</p> <p><i>10 min</i> Return to Play – A Physiotherapist's Perspective (TBA)</p> <p><i>25 min</i> - Q&amp;A</p>	Dr. Bruno Olory Dr. Peter D'Hooghe

12:00 - 13:00		Lunch break		
13:00-14:45	Shoulder	<ul style="list-style-type: none"> <li>• Demonstrate patient evaluation and surgical decision-making in shoulder pathologies</li> <li>• Illustrate key steps in arthroscopic and open shoulder procedures</li> <li>• Discuss postoperative rehabilitation and return-to-sport protocols</li> <li>• Discuss complication management in shoulder surgery</li> </ul>	<p>Dr. Elizabeth Hagert (Moderator)</p> <p><i>10min</i> Lecture: Updates in Shoulder Sports Surgery (TBA)</p> <p><i>5 min</i> Case Presentation (Orthopaedics Fellow)</p> <p><i>10 min</i> Return to Play - A Physiotherapist's Perspective (TBA)</p> <p><i>25 min</i> - Q&amp;A</p>	<p>Dr. Gazi Huri Dr. Khalid Al-Khelaifi</p>
14:45-16:00PM	Hand	<ul style="list-style-type: none"> <li>• Discuss clinical assessment and surgical indications in common hand pathologies</li> <li>• Demonstrate surgical techniques for tendon, nerve, and joint procedures in the hand</li> <li>• Discuss intraoperative decision-making and complication avoidance</li> <li>• Outline postoperative care and rehabilitation principles for optimal hand function</li> </ul>	<p>Dr. Gazi Huri (Moderator)</p> <p><i>10min</i> Lecture: Updates in Shoulder Sports Surgery (TBA)</p> <p><i>5 min</i> Case Presentation (Orthopaedics Fellow)</p> <p><i>10 min</i> Return to Play - A Physiotherapist's Perspective (TBA)</p> <p><i>25 min</i> - Q&amp;A</p>	<p>Dr. Elizabeth Hagert</p>

### **Scientific Planning Committee:**

Dr. Alan Getgood (Co-Chair), Dr. Gazi Huri (Co-Chair), Dr. Abdulaziz Al Kuwari, Dr Pieter D'Hooghe, Dr. Emmanuel Papakostas, Dr. Khalid Al-Khelaifi, Dr. Elizabeth Hagert, Dr. Bruno Olory, Ahmad Almojaber (CPD Coordinator).

**The Scientific Planning Committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of the CPD activity and has implemented procedures to manage any potential or real conflicts of interest.**

Overall time: 390 min; lecture: 290 min; interactive: 100 min (26%)