

Oral Health in Football

29th August 2022, Aspetar - Qatar



Orthopaedic & Sports Medicine Hospital
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Target Audience:

Physicians, Dentists, Nurses, Allied Health Professionals

Activity code: HGI-03-P106

Venue: Online via Microsoft Teams

Time: 1600 - 2010



Overall Learning Objectives:

On completion of this activity, participants will be able to:

1. Outline the impact of oral health in football
2. Show how to diagnose and manage different types of oral injuries on the field
3. Explain the role of sports dentist in the event
4. Examine how malocclusion might affect football players

DHP Accreditation Statement:

This activity is an Accredited Group Learning Activity (Category 1) as defined by the Ministry of Public Health's Department of Healthcare Professions - Accreditation Section and is approved for a maximum 4.0 hours.

Date	Topic	Speaker	Session Learning Objectives By the end of this session, participants will be able to:
4:00 pm – 4:05 pm	Welcome and Introduction: Overview of the overall learning objectives of the activity	Dr. Mohammed Alsaey	
4:05 pm – 4:30 pm Presentation: 4:05-4:25 Q&A session: 4:25-4:30	Aspetar Dental Screening paving the way to Maximum Performance	Dr. Mohammed Alsaey	<ol style="list-style-type: none">1. Define the role of Sports Dentistry in athletes' performance.2. Discuss the advantages of dental screening.3. List the most common dental problems seen in our athletes.

4:30 pm – 4:55 pm Presentation: 4:30-4:50 Q&A session: 4:50-4:55	Evidence to support the theory that poor oral health impacts on sporting performance	Dr. Peter Fine	1. What is the evidence to support the hypothesis that poor oral health impacts on performance? 2. Discuss the implications of poor oral health on athletic performance 3. Where do we go from here?
4:55 pm – 5:20 pm Presentation: 4:55-5:15 Q&A session: 5:15-5:20	Oral health, a part of the athlete's invisible training	Dr. Sophie Cantamessa	1. Show how can oral health affect the athletic performance? 2. Discover how sports impact oral health. 3. Elaborate a protocol to prevent, screen and treat the athletes.
5:20 pm – 5:45 pm Presentation: 5:20-5:40 Q&A session: 5:40-5:45	Stomatognathic system in Football	Dr. Thanos Stamos	1. Demonstrate the stomatognathic system pathological and functional behavior 2. Analyze the dental occlusal parameter 3. Evaluate musculoskeletal system's response to oral health status
5:45 pm – 6:10 pm Presentation: 5:45-6:05 Q&A session: 6:05-6:10	Effects of bite correction on performance in competitive sports	Dr. Stavros Avgerinos	1. Interpret the effect of a myocentric and balanced bite on elite athletes' performance 2. Appraise the negative effects of a malocclusion for body statics and motion 3. Value the possibilities of modern dentistry by myofunctional intervention in competitive sports
6:10 pm – 6:35 pm Presentation: 6:10-6:30 Q&A session: 6:30-6:35	Optimizing the Outcome of Dental Trauma	Dr. Jeffrey Hoy	1. Identify & diagnosis various dental injuries & categories of traumatic dental injuries 2. Select and utilize the various treatment options for each category of traumatic dental injuries 3. Determine how and when to apply the proper follow-up for each category of dental trauma to insure a successful treatment outcome
6:35 pm to 6:45 pm	BREAK		
6:45 pm – 7:10 pm Presentation: 6:45-7:00 Q&A session: 7:00-7:10	The latest mouthguard materials and design to protect oral health	Prof. Tomotaka Takeda	1. List the different types of the mouthguard (mouthpiece) and their effects 2. Explain the benefits of a safety Hard & Space mouthguard

			3. Explain how to make the Hard & Space mouthguard
7:10 pm – 7:35 pm Presentation: 7:10-7:25 Q&A session: 7:25-7:35	Athletes Attendance and Barriers to Dental Care	Dr. Atef Hashem	1. Illustrate the the possible causes of poor oral hygiene in athletes. 2. Summarize the factors which may affect athletes' attendance and utilization of dental services.
7:35 pm – 8:05 pm Presentation: 7:35-7:55 Q&A session: 7:55-8:05	Going for Gold: preparing the medical workforce for the FIFA World Cup Qatar 2022™	Dr. Celeste Geertsema	1. List the attributes that make athletes / players special 2. Define the unique aspects of working a major tournament 3. Organise tournament - specific training for medical staff at large events
8:05 pm – 8:10 pm	Close	Dr Mohammed Alsaey	

Scientific Planning Committee:

Dr. Mohammed Alsaey - Director of Sports Dentistry / SPC Chair, Dr. Souhail Chebbi – NSMP Club & Federation Physician, Wessam Abou Trabi – Senior Registered Nurse, Esther Schunke – Senior Dental Assistant and Rachel Abajila – CPD Coordinator

The Scientific Planning Committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of the CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

Overall time: 230 min: Lecture: 170 min Interactive session: 60 min