

# ASPETAR WORLD CONFERENCE 2025

09<sup>th</sup> - 11<sup>th</sup> October 2025, Aspire Zone

ASPETAR  
أسبیتار

## AGENDA

### HEALTHCARE LEADERSHIP COURSE

6 - 8 October 2025

#Aspetarcon25



**Target Audience: Allied Health Practitioners, Physicians, Nurses, Others (Healthcare Administration)**

**Activity code: HGI-03-P155**

**Venue: Aspetar, west expansion, 2<sup>nd</sup> floor, research meeting room**

**Time: 9:00 to 15:00**

This Healthcare Leadership course is designed to equip healthcare professionals with the skills and knowledge needed to effectively lead and manage teams, enhance patient care, and drive innovation in the sports medicine field. During this interactive activity attendees will have an opportunity to learn by doing; they will participate in Q&A sessions, analyse problem-solving scenarios and experience real-life decision-making. The attendees will acquire leadership skills using the MBTI software and will learn how to create a leadership development plan.

**Please note that this activity is offered as a part of the Aspetar World Conference 2025, therefore, you must be registered for the conference to be able to sign up for this workshop.**

On completion of this activity, participants will be able to:

1. Define Healthcare Business Principles that drive healthcare operations and strategy
2. Discuss business strategies and Financial Management in Healthcare
3. Identify the Leadership Competencies required for effective leadership in healthcare settings
4. Utilize the tools and techniques for strategic planning
5. Apply change leadership to guide organizational transformation and implement change effectively
6. Develop a Personal Leadership Development Plan

**This activity is an Accredited Group Learning Activity (Category 1) as defined by the Ministry of Public Health's Department of Healthcare Professions - Accreditation Section and is approved for a maximum of 15.0 hours.**

Day 1 6 October 2025 This session enlightens a wide range of skills from business acumen and data management to compassionate care			
Time	Topic	Session Learning Objectives By the end of this session, participants will be able to:	Speaker/Facilitator
8:45 - 9:00	Registration		
9:00- 9:15	Networking: Meet your Colleagues		
9:15 - 10:45	Defining Healthcare Business Principles Introduction to Healthcare Economics	<ul style="list-style-type: none"> <li>• Discuss Business Strategies in Healthcare</li> <li>• Discuss Financial Management in Healthcare</li> </ul>	Ayesha Masood
10:45 - 11:00	Coffee and Prayers		
11:00 - 12:30	Competencies of Healthcare Leadership	<ul style="list-style-type: none"> <li>• Discuss Core Leadership Competencies in Healthcare</li> <li>• Discuss Case Studies of Successful Leadership in Healthcare Organizations</li> <li>• Explain Leadership Ethics in Decision-Making and Practice</li> <li>• Describe How Ethical Leadership Improves Patient Care and Trust</li> </ul>	Ayesha Masood
12:30 - 13:00	Lunch Break		
13:00 - 15:00	Leadership Assessment with MBTI Group Exercises: Leadership Styles Based on MBTI	<ul style="list-style-type: none"> <li>• Describe MBTI and Participants' Self-Assessment Of Their Personality</li> <li>• Interpret MBTI Results for Leadership Development</li> </ul>	Ayesha Masood

<p>Day 2 7 October 2025</p> <p>This session is an interactive training where members are exposed to the ethical leadership and cultural competence with practical scenarios.</p> <p>The participants learn the skills to effectively manage and lead change within multidisciplinary teams.</p>			
Time	Topic	Session Learning Objectives By the end of this session, participants will be able to:	Speaker/Facilitator
8:45 – 9:00	Registration		
9:00– 9:15	Networking		
9:15 – 10:45	Leadership Skills in Practice Conflict Management and Leadership	<ul style="list-style-type: none"> <li>• Discuss Adaptive Leadership in Dynamic Environments, Mindful Leadership Practices,</li> <li>• Identify Conflict in Healthcare Settings</li> <li>• Discuss Leadership and Conflict Resolution Strategies and their impact with Case Studies</li> </ul>	Huda Abdulla Saleh
10:45 – 11:00	Coffee and Prayers		
11:00 – 12:30	Introduction to Leadership Theories Overview of Leadership Theories	<ul style="list-style-type: none"> <li>• Discuss the Application of Leadership Theories in Healthcare</li> <li>• Explain Ethical Decision-Making and Leadership Styles</li> <li>• Describe the Influence of Leadership Styles on Healthcare Delivery and Patient Satisfaction</li> </ul>	Ayesha Masood
12:30 – 13:00	Lunch Break		
13:00 – 15:00	Ethical Leadership and Cultural Competence in Healthcare	<ul style="list-style-type: none"> <li>• Explain Positive Patient Experiences through Ethical and Culturally Competent Leadership</li> <li>• Discuss Practical Scenarios: Ethics in Leadership</li> </ul>	Huda Abdulla Saleh

Day 3 8 October 2025 This is an advanced session that give insights to change leadership and conflict management with MBTI assessment. The participants learn to develop a Leadership Development Plan based on the MBTI insights.			
Time	Topic	Session Learning Objectives By the end of this session, participants will be able to:	Speaker/Facilitator
8:45 - 9:00	Registration		
9:00- 9:15	Networking		
9:15 - 10:45	Change Leadership Skills and Leadership and Conflict Management	<ul style="list-style-type: none"> <li>• Discuss the Change Management Models and Their Application</li> <li>• Explain the impact of Change Leadership on Patient Care and Safety</li> <li>• Explain Advanced Conflict Resolution Strategies for Leaders</li> <li>• Describe Mindfulness and Conflict De-Escalation in Healthcare</li> </ul>	Huda Abdulla Saleh
10:45 - 11:00	Coffee and Prayers		
11:00- 12:30	Developing a Leadership Development Plan	<ul style="list-style-type: none"> <li>• Interpret Leadership Goals Based on MBTI Insights</li> <li>• Create a Personal Development Plan for Leadership Growth</li> </ul>	Ayesha Masood
12:30 - 13:00	Lunch Break		
13:00 - 15:00	Personal Presentation 15-minute presentation on participant knowledge application	<ul style="list-style-type: none"> <li>• Apply Key Leadership Qualities Pertinent to Participants Role.</li> <li>• Develop Personal Leadership Development Plan, Strategies and Execution Styles.</li> <li>• Present Examples or Scenarios Illustrating Leadership Action Plans</li> </ul>	Ayesha Masood
15:00 - 15:05	Closing	<ul style="list-style-type: none"> <li>• Closing remarks</li> </ul>	

**Scientific Planning Committee:**

Khalid Abdulrahman AlNaama (Chair), Ayesha Masood, Irwin Vilaga, Fethi Regaieg, Michael Saretsky, Sean McCrudden

**The Scientific Planning Committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of the CPD activity and has implemented procedures to manage any potential or real conflicts of interest.**

Overall time: 900 min; lecture: 570 min; interactive time: 330 min (37%)