

# AGENDA




## CHALLENGES IN FOOTBALL INJURIES CONFERENCE

ASPETAR | ISAKOS | FIFA

11 - 12 Feb 2016, Doha - Qatar, The Torch Ballroom



Orthopaedic & Sports Medicine Hospital  
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## Executive Committee

**Dr Mohamed Ghaith Al Kuwari**  
*Acting Director General-Aspetar*

**Dr Philippe Landreau**  
*Chief of Surgery-Aspetar*

**Dr Philippe Neyret**  
*ISAKOS, President-France*

**Dr Michel D'Hooghe**  
*FIFA, Medical Committee President-Belgium*

# AGENDA

# 11 Feb 2016

<b>8:30 - 9:00</b>	<b>Registration   Breakfast</b>	
9:00 - 09:30	Introductory Speech	Dr Mohamed Ghaith Al Kuwari Dr Michel D'Hooghe Dr Philippe Neyret Dr Philippe Landreau

## KNEE

**Chair: Dr Nebojsa Popovic (Aspetar) | Dr Philippe Landreau (Aspetar)**

09:30 - 10:00	<b>KEYNOTE LECTURE: Dr Philippe Neyret (ISAKOS, President - France)</b> Can we go back to play after HTO?
10:00 - 10:20	<b>Dr João Espregueira-Mendes   Portugal</b> ACL lesions and rotation instability. Is this a special problem in football?
10:20 - 10:40	<b>Dr Philippe Landreau   Aspetar</b> Lateral Extra-articular Tenodesis. Is it safe and efficient to do it?
<b>10:40 - 11:00</b>	<b>Break</b>

**Chair: Dr João Espregueira-Mendes (ISAKOS) | Dr Philippe Neyret (ISAKOS)**

11:00 - 11:20	<b>Dr Peter Verdonk   Belgium</b> Meniscal roots tears.
11:20 - 11:40	<b>Dr Peter Verdonk   Belgium</b> What to do when the meniscus has disappeared?
11:40 - 12:00	<b>Dr Nader Darwish   Abu Dhabi</b> ACL in open physis.
<b>12:00 - 13:00</b>	<b>Lunch</b>
13:00 - 13:20	<b>Dr Nader Darwish   Abu Dhabi</b> Posterolateral corner lesions
13:20 - 13:40	<b>Dr Willem Van Der Merwe   South Africa</b> Role of eccentric training in prevention and treatment of ACL injuries
<b>13:40-14:00</b>	<b>Break - End Of Session</b>

## ANKLE

*Chair: Dr Niek Van Dijk (Netherlands) | Dr Pieter D'Hooghe (Aspetar)*

14:00 - 14:20	<b>Dr Niek Van Dijk   Netherlands</b> There is no such thing as an ankle sprain in soccer
14:20 - 14:40	<b>Dr Pieter D'Hooghe   Aspetar</b> RTP in tarsal/ metatarsal stress fractures
14:40 - 15:00	<b>Dr Helder Pereira   Portugal</b> Arthroscopic lateral ligament repair
15:00 - 15:20	<b>Dr Gian Luigi Canata   Italy</b> Syndesmotic lesions in soccer
<b>15:20 - 15:40</b>	<b>Break</b>

*Chair: Dr Jon Karlsson (Sweden) | Dr Kenneth Hunt (USA)*

15:40 - 16:00	<b>Dr Jon Karlsson   Sweden</b> Achilles tendon ruptures in soccer
16:00 - 16:20	<b>Dr Kenneth Hunt   USA</b> Achilles tendinopathy treatment - new concepts
16:20 - 16:40	<b>Dr Mohamad Razi   Iran</b> Multi-ligament ankle injuries: acute management
16:40 - 17:00	<b>Dr Thomas Bauer   France</b> Anterior impingement in soccer

## AGENDA

## 12 FEB 2016

## SPORTS SCIENCE

*Chair: Dr Paul Dijkstra (Aspetar) | Dr Juan-Manuel Alonso (Aspetar)*

<b>08:00 - 08:30</b>	<b>BREAKFAST   COFFEE</b>
08:30 - 09:00	<b>KEYNOTE LECTURE: Baron Dr Michel D'Hooghe (FIFA Medical Committee, President)</b> Hamstrings, the number 1 injury in soccer
09:00 - 09:15	<b>Nicol Van Dyk   Aspetar</b> Predictive factors for hamstring injuries
09:15 - 09:30	<b>Andrea Mosler   Aspetar</b> Screening for hip and groin pain in football players
09:30 - 09:45	<b>Dr Yacine Zerguini   FIFA, Medical Committee</b> Ramadan and soccer
<b>09:45 - 10:00</b>	<b>BREAK</b>

**Chair: Dr Hakim Chalabi (Aspetar) | Dr Yacine Zerguini (FIFA, Medical Committee)**

10:00 – 10:15	<b>Andreas Serner   Aspetar</b> Video analysis of acute groin injuries
10:15 – 10:30	<b>Sebastien Racinais   Aspetar</b> Heat (hot ambient conditions) and sport
10:30 – 10:45	<b>Dr Karim Chamari   Aspetar</b> Training monitoring in football
10:45 – 11:00	<b>Dr Cristiano Eirale   Aspetar</b> Epidemiology of football injuries in Middle East
<b>11:00 – 12:30</b>	<b>PRAYER   LUNCH</b>

## CARTILAGE

**Chair: Dr Scott Gillogly (Aspetar) | Erik Witurouw (Aspetar)**

12:30 – 12:50	<b>Dr Mats Brittberg   Sweden</b> Cartilage injuries in football- Epidemiology and trauma mechanisms
12:50 – 13:10	<b>Barbara Wondrasch   Austria</b> How to prevent cartilage injuries
13:10 – 13:30	<b>Dr Mats Brittberg   Sweden</b> Therapeutic conservative tools and repair tissue evaluations
13:30 – 13:50	<b>Dr João Espregueira-Mendes   Portugal</b> Surgical treatment alternatives for cartilage injuries in the football players
13:50 – 14:10	<b>Dr Philippe Landreau   Aspetar</b> Cartilage repair and its relation with ACL reconstruction
<b>14:10 – 14:30</b>	<b>BREAK</b>

**Chair: Dr Mats Brittberg (Sweden) | Barbara Wondrasch (Austria)**

14:30 – 14:50	<b>Barbara Wondrasch   Austria</b> Cartilage injury rehabilitation and return to play
14:50 – 15:10	<b>Dr Scott Gillogly   Aspetar</b> Return to play after cartilage repair
15:10 – 15:30	<b>Dr Philippe Neyret   France</b> Consequences of cartilage injuries related to the post playing years - Osteoarthritis
<b>15:30 – 16:00</b>	<b>CLOSING CEREMONY</b>