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Aspetar is the first specialised Orthopaedic and Sports Medicine Hospital in the Gulf region. It provides the highest possible medical treatment for sports-related injuries in a state-of-the-art facility, staffed by some of the world's leading sports medicine practitioners and researchers.

Through the delivery of excellence in sports medicine, physiotherapy, sports science, orthopaedic surgery and rehabilitation, Aspetar services the needs of football and Sports Clubs and Federations throughout the state of Qatar, and regularly services international athletes and professional sportspeople.

In 2009, Aspetar was accredited as a "FIFA Medical Centre of Excellence" by F-MARC and "IOC Research Centre for Prevention of Injury and Protection of Athlete Health" in 2014.

In 2015, Aspetar was recognised as the "IHF Reference Centre for Athlete and Referee Health".

Aspetar provides a full service offering from injury prevention to injury management and performance improvement. The philosophy of Aspetar is to provide sportspeople with the clinical support, knowledge, and facilities to maximise their training and competitive potential. This is achieved through tailored education programmes and support in areas of health including fitness assessment, nutrition, psychology, physiology and physical training.

The hospital strives to meet the highest international standards in its treatment of musculoskeletal injuries and combines best-practices with the latest technology to guide athletes from diagnosis through rehabilitation and recovery. Our teams of dedicated researchers and physicians combine superb professional skills with state-of-the-art technology to provide athletes with total health, physical management and performance strategies.

Aspetar is situated within Aspire Zone (www.aspirezone.qa), a modern multi-purpose leisure and recreation complex that played host to the Doha 2006 Asian Games.

