

10 YEARS OF
SUCCESS

1st ASPETAR

SPORTS MEDICINE
& ORTHOPAEDIC

NURSING
CONFERENCE

25th - 26th February, 2017

Agenda Booklet

ASPETAR سبیتار

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1st Aspetar Sports Medicine and Orthopaedic Nursing Conference

Agenda Booklet, 25th-26th February 2017

Conference Venue:

Aspetar, Qatar Orthopaedic and Sports Medicine Hospital.

Parking Availability:

Aspetar parking.

Aspire Ladies Club from where there will be a transfer bus for attendees.

Target Audience:

Nurses, Physicians, Physiotherapists, Pharmacists and Allied Health Care Professionals.

Certificate of Attendance:

A Certificate of Attendance will be issued.

CME/CPD Credits will be provided for qualifying sessions.

Evaluations:

Following the conference you will receive an online evaluation. The evaluation form must be completed in order to receive your certificate reflecting your earned CME/CPD credits.

Overall Learning Objectives:

On completion of this event, participants will be able to:

1. Apply enhanced interprofessional collaboration to improve patient care
2. Define the emerging role of nurses within the sports Medicine team
3. Demonstrate skills on the assessment and management of cardiac problems in athletes
4. Apply the recommended emergency care management skills for sports injuries and illnesses sustained on the field of play
5. Collaborate with multidisciplinary clinical teams to recognise the benefits of pre-participation evaluation for athletes
6. Discuss the substances that are prohibited in sports
7. Define evidence-based methodologies to incorporate quality and education in athlete care
8. Demonstrate improved post-operative patient care with reduced complication rate
9. Explain the multidisciplinary approach to Exercise is Medicine Qatar
10. Apply core nursing skills in orthopaedic and sports medicine practice settings

Programme

Day 1: 25/02/2017 (4.5 CME/CPD credits)

Location: Aspetar, Main building, Auditorium

7.45-8.15	Registration	Registration Desk
8.15-8.25	Welcome and Introduction	Nelly Khalil
8.25-8.45	The Role of the Sports Medicine Nurse, Development and Evolution: Part 1	Ibrahim Al Hussein
8.45-1.10 PM	Concurrent Workshops (according to participant group colour)	

Concurrent Workshops:

The workshops are concurrent with a total maximum of 125 attendees divided into 5 groups.

Each workshop is 45 minutes, repeated five times, and there is 5 minutes transition time between workshops.

Workshops Location:

Aspetar, Main building, Male Rehabilitation Training - Ground floor

Aspetar, West expansion, Rehabilitation Lecture Room – Ground Floor

Group Red (maximum 25 participants)		
8.45-9.35	Electrocardiogram Leads Placement and Interpretation in Athletes	Pascale Tahtouh & Ahmad Alqasim
9.35-10.25	Safe Use of Braces, Cryocuff, Slings and Crutches	Samar Younes, Om El Khir Ksantini & Nicoletta Luchini
10.25 -10.40	Coffee Break	
10.40-11.30	Management of Cardiac Arrest/Technology Review	Jacqueline Osullivan & Abdalla Abu Sarhanv
11.30-12.20	Management of Head and Neck Trauma on the Field	Dr Peter Dzendrowskyj, Dhouha Ben Soltane & Fayez Al Halabi
12.20-1.10 PM	Safe injection Practice: How to do it right IV Insertion, IM Injection & Blood Drawing	Olena Komarcheva, Nesrine Ben Rabah & Khalidah Mansour

Group Blue (maximum 25 participants)		
8.45-9.35	Safe injection Practice: How to do it right IV Insertion, IM Injection & Blood Drawing	Olena Komarcheva, Nesrine Ben Rabah & Khalidah Mansour
9.35-10.25	Electrocardiogram Leads Placement and Interpretation in Athletes	Pascale Tahtouh & Ahmad Alqasim
10.25 -10.40	Coffee Break	
10.40-11.30	Safe Use of Braces, Cryocuff, Slings and Crutches	Samar Younes, Om El Khir Ksantini & Nicoletta Luchini
11.30-12.20	Management of Cardiac Arrest/Technology Review	Jacqueline Osullivan & Abdalla Abu Sarhan
12.20-1.10 PM	Management of Head and Neck Trauma on the Field	Dr Peter Dzendrowskyj, Dhouha Ben Soltane & Fayez Al Halabi

Group Green (maximum 25 participants)

8.45-9.35	Management of Head and Neck Trauma on the Field	Dr Peter Dzendrowskyj, Dhouha Ben Soltane & Fayez Al Halabi
9.35-10.25	Safe injection Practice: How to do it right IV Insertion, IM Injection & Blood Drawing	Olena Komarcheva, Nesrine Ben Rabah & Khalidah Mansour
10.25 -10.40	Coffee Break	
10.40-11.30	Electrocardiogram Leads Placement and Interpretation in Athletes	Pascale Tahtouh & Ahmad Alqasim
11.30-12.20	Safe Use of Braces, Cryocuff, Slings and Crutches	Samar Younes, Om El Khir Ksantini & Nicoletta Luchini
12.20-1.10 PM	Management of Cardiac Arrest/Technology Review	Jacqueline Osullivan & Abdalla Abu Sarhan

Group Purple (maximum 25 participants)

8.45-9.35	Management of Cardiac Arrest/Technology Review	Jacqueline Osullivan & Abdalla Abu Sarhan
9.35-10.25	Management of Head and Neck Trauma on the Field	Dr Peter Dzendrowskyj, Dhouha Ben Soltane & Fayez Al Halabi
10.25 -10.40	Coffee break	
10.40-11.30	Safe injection Practice: How to do it right IV Insertion, IM Injection & Blood Drawing	Olena Komarcheva, Nesrine Ben Rabah & Khalidah Mansour
11.30-12.20	Electrocardiogram Leads Placement and Interpretation in Athletes	Pascale Tahtouh & Ahmad Alqasim
12.20-1.10 PM	Safe Use of Braces, Cryocuff, Slings and Crutches	Samar Younes, Om El Khir Ksantini & Nicoletta Luchini

Group Orange (maximum 25 participants)

8.45-9.35	Safe Use of Braces, Cryocuff, Slings and Crutches	Samar Younes, Om El Khir Ksantini & Nicoletta Luchini
9.35-10.25	Management of Cardiac Arrest/ Technology review	Jacqueline Osullivan & Abdalla Abu Sarhan
10.25 -10.40	Coffee Break	
10.40-11.30	Management of Head and Neck Trauma on the field	Dr Peter Dzendrowskyj, Dhouha Ben Soltane & Fayez Al Halabi
11.30-12.20	Safe injection Practice: How to do it right IV Insertion, IM Injection & Blood Drawing	Olena Komarcheva, Nesrine Ben Rabah & Khalidah Mansour
12.20-1.10 PM	Electrocardiogram Leads Placement and Interpretation in Athletes	Pascale Tahtouh & Ahmad Alqasim

Day 2: 26/02/2017 (6.5 CME/CPD credits)

Location: Aspetar, Main building, Auditorium

Session 1: Sports Medicine Specific Session (2.5 CME/CPD credits)		
Time	Title	Speaker
7.45-8.15	Registration	Registration Desk
8.15-8.25	Welcome and Introduction	Dr Mohamed Ghaith Al Kuwari
8.25-8.40	The Role of the Sports Medicine Nurse, Development and Evolution: Part 2	Ibrahim Al Hussein
8.40-9.05	Pre-participation Evaluation in Athletes: The Aspetar Experience	Nelly Khalil
9.05- 9.30	Preventing Sudden Cardiac Death in Athletes: The Role of Cardiac Evaluation	Dr Maria Carmen Adamuz
9.30- 9.55	The Prohibited Substances and Methods in Sports (The WADA prohibited list in sports)	Nisrine Sawaya & Gabriel Taqtaq
9.55- 10.15	Hamstring Injury	Dr Stephen Targett
10.15-10.45	Moderated Panel Discussion	All

10.45- 11.00 AM: Coffee Break

Session 2: Surgical Specific Session (2 CME/CPD credits)		
Time	Title	Speaker
11.00-11.30	Principles of Wound Assessment and Surgical Wounds	Hazem Aldabbas
11.30-12.00	Five Most Common Sports Medicine Surgeries at Aspetar: Rationale for Decision Making	Dr Scott Gillogly
12.00-12.30 PM	Asepsis & Decontamination Practices in the Perioperative Environment	Khaled Al Smadi
12.30- 1 PM	Moderated Panel Discussion	All

1 PM-2 PM: Lunch- On Your Own

Session 3: Quality and Education Specific Session (2 CME/CPD credits)		
Time	Title	Speaker
PM 2.00-2.25	Role of Nursing in Exercise is Medicine Qatar	Dr Mohamed Ghaith Al Kuwari
PM 2.25-2.50	Quality Tools to Improve Nursing practice	Belinda Meyer & Salam Abourafeh
PM 2.50-3.15	Patient Education: How to Ensure a Best Practice Approach	Susannah Bankart
PM 3.15-3.45	Moderated Panel Discussion	All
PM 3.45-4	Closing Notes	Nelly Khalil

Orthopaedic & Sports Medicine Hospital

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